

# COVID-19 Isolation and Quarantine Decision Tree

This guidance is based on CDC quarantine and isolation guidance updated December 27, 2021. Everyone two years or older not fully vaccinated, and those who are immunocompromised, should wear a mask in indoor public places. If fully vaccinated, to maximize protection and prevent possibly spreading COVID-19 to others, wear a mask indoors in public, if in an area of substantial or high transmission. The below guidance is for those two years and older; those under two years must continue with 10 days of quarantine and/or isolation.

### Confirmed or Sick <sup>1</sup>



#### Isolate at Home

- Stay home and isolate for at least 5 days since symptoms appeared AND
- Fever free for at least 24 hours without fever reducing medication

  AND
  - Improvement in symptoms
- If asymptomatic, isolate for 5 days from test date



## Return to Work, School, & Other Public Locations

...when the above can be met AND

 Continue wearing a well-fitting mask in all indoor settings and monitor for symptoms for 5 additional days

# Close Contact/Exposure<sup>2</sup>

# If Unvaccinated OR

Vaccinated over 6 months ago with Pfizer/Moderna and NOT boosted OR

Vaccinated over 2 months ago with J&J and NOT boosted



# Quarantine, Mask, and Test

- Quarantine at home for at least 5 days, with date of exposure being day 0.
  - Get tested 5 days after exposure, if possible
- If positive, follow criteria under "Confirmed or Sick"
  - If negative, follow return guidance below
- If symptoms develop following negative test, isolate from others and test again for COVID-19
- If the close contact lives with someone who has COVID-19 and cannot avoid continued close contact, quarantine starts after the person who has COVID-19 meets the criteria to end home isolation



# Return to Work, School, & Other Public Locations

...when the above can be met AND

• Continue wearing a well-fitting mask in all indoor settings and monitor for symptoms for 5 additional days

OR
Vaccinated in last 6
months with
Pfizer/Moderna
OR
Vaccinated in last 2
months with J&J
OR
Tested positive for
COVID-19 in last 90

If Boosted



days

# Mask and Test

Boosted or recently vaccinated individuals do not need to quarantine. They should:

- Wear a well-fitting mask around others for 10 days and monitor for symptoms
  - Get tested 5 days after exposure, if possible
  - If positive, follow criteria under "Confirmed or Sick"
- If negative, continue wearing a well-fitting mask in all indoor settings and monitor for symptoms for 5 additional days
- If symptoms develop following negative test, isolate from others and test again for COVID-19
- 1. If an individual has symptoms that could be COVID-19 and wants to return to work before completing stay at home period, the individual must either (a) obtain a medical professional's note clearing the individual for return based on an alternative diagnosis or (b) obtain a negative molecular (PCR) or antigen test conducted by a healthcare provider.
- 2. Close contact is defined as:
  - a. being directly exposed to infectious secretions (e.g., being coughed on); or
  - b. being within 6 feet for a cumulative duration of 15 minutes over a 24-hour period;

Either (a) or (b) in footnote 2 above defines close contact if it occurred during the infectious period of the lab confirmed case, defined as two days prior to symptom onset to 5 days after symptom onset. In the case of asymptomatic individuals who are lab-confirmed with COVID-19, the infectious period is defined as two days prior to the confirming lab test and continuing for 5 days following the confirming lab test.

Revised 1/4/22